

COPING WITH LOSS DURING THE HOLIDAYS



If you are seeking support and coping strategies to make it through the holiday season this year, you are invited to attend one of two bereavement support groups for adults grieving the loss of a loved one.

Coping with Loss during the Holiday Season

Thursdays from November 17th through December 22nd

11:00 a.m. – 12:30 p.m. **or** 6:00 – 7:30 p.m.

VISITING NURSE & HOSPICE OF FAIRFIELD COUNTY

at the Health & Wellness Center at I-Park (Suite 114, Entrance E),
761 Main Avenue (Route 7 at Kent Road) on the Wilton/Norwalk town line

**Visiting Nurse
& Hospice**
of Fairfield County 

Bringing Healing and Comfort to Our Community for 100 Years

These support groups are free of charge and open to the public but pre-registration is required. For more information, please call Reverend Karen Judd at Visiting Nurse & Hospice of Fairfield County at 203-762-8958, ext. 255.

