

CHOLESTEROL SCREENING

High blood cholesterol affects over 65 million Americans. It can be a serious condition as it increases the risk for heart disease, yet has no symptoms. Research indicates that lowering blood cholesterol levels lessens the risk for developing heart disease and reduces the chances of heart attack or stroke.

Visiting Nurse & Hospice of Fairfield County will offer a cholesterol screening at the Lapham Community Center. The screening provides a full biometric profile measuring total cholesterol, HDL, LDL, glucose and triglycerides, as well as blood pressure and body mass calculation. A confidential cardiovascular risk counseling session with a Registered Nurse will be provided.

LAPHAM COMMUNITY CENTER

Waveny Park in New Canaan

Thursday, September 20th from 8:45 – 11:30 AM

To schedule an appointment, please call Lyn Boyd at 203-594-3620.

**Visiting Nurse
& Hospice**
of Fairfield County 

Trusted care. When you need it most.

The screening involves a simple, finger-stick blood test and results will be available within seven minutes. The cost is \$40 payable by cash or check. Fasting for 12 hours prior to the test is suggested but not required. (Please do drink water, black coffee or tea in the morning.)